

St. Finian's Newsletter

Tuesday, 05 March 2024

Healthy Eating

As part of our Healthy Eating Policy we would like to remind you that we encourage the children to have a healthy lunch. For break children may have some fruit. For lunch children are encouraged to have a sandwich/roll/wrap and some fruit/cheese/nuts. A refillable bottle of water is also a good idea. We are trying to avoid processed foods and any foods that come prepackaged. All packaging and left over food should go home in lunch boxes. Due to budgetary constraints we have had to cut our cleaning hours to three days a week so we are trying cut down the amount of rubbish that goes into our bins. We would appreciate your support in making our school a more healthy and environmentally friendly place for our children.

Two All-Ireland Champions

Two of our pupils in Fourth Class won Gold Medals in the All-Ireland Rings Competition which was held in the Green Isle Hotel in Dublin last weekend. Adam won the highest scoring shot with a score of 31 and Darragh won U10 Championship with a final score of 134. Well done boys!



Inside Out Day Thursday 7th March

As part of our Well-Being week we will be having a non-uniform day on Thursday. The aim of the Inside out Day is to remind everyone to always be kind and to think of others as no one knows how another person might be feeling inside. Children are encouraged to wear one piece of clothing Inside Out to raise awareness of this important issue, to make us stop and think that someone may look fine on the Outside but Inside they may be feeling sad and worried. This may be a sock, jumper, coat, hat, anything or everything Inside Out! Children may also wear their own clothes if they don't feel comfortable with wearing something Inside Out.

School Closures Reminder

School will be closed on Friday 8th March as the school will be used as a polling station in the Referendum.

If you have any query, please do not hesitate to contact us. Ph. 0416851725

office@stfiniansdillonstown.ie

principal@stfiniansdillonstown.ie



Amber Flag

Well Being Warriors

This week is Well Being Week in St. Finian's and the committee have drawn up a full timetable for the week with lots of fabulous activities for us all to join in with. Our [homework](#) this week is focusing on Well Being too. Please follow the link for suggestions.



2 19 16 3 18

St. Finian's School Fundraiser Lotto

Jackpot increases weekly up to **€2,000**

First Draw
10th Feb. 2022
Join Now

Scan the QR code or go to: <https://www.ourfundraiser.ie/org/stfiniansdillonstown>

SCAN ME